



SPEAR FISHING COURSE

Lecturers: Rob Allen & Jeremy Williams & Helen Garner

Date: 26 - 29 November 2008

Time: 18h00 - 21h00

Venue: UKZN Underwater Club (Princess Alice Road)

Cost:

Student Club Members: R 150

Non student club members: R 200

Non club members: R 250

Content:

Wednesday

Equipment Familiarisation
and Game Fish Hunting

Thursday

Reef Fish Hunting
and Entry / exit points



Cost:

R 250 for all



Friday

Physiology

Saturday

Yoga & Breathhold
practical skills

Braai packs available - Cash bar

Contact Caroline on 071 679 3806

